



Girls Active

National report

July 2023 | Boys' report





Overall attitudes to PE and physical activity

86%

enjoy taking part in PE

85%

enjoy taking part in physical activity

43%

enjoy learning at school



Top 10 barriers to being active at school

14%

I am not confident

11%

I can't be bothered

11%

I'm not good at it

10%

When it's outside and it's not nice weather

10%

I don't like getting hot and sweaty

9%

I don't enjoy it

9%

I worry about how I look

8%

I have an injury

7%

I don't like getting changed in front of other people

7%

Other people make fun of me



Top 10 motivators for being active at school

67%

Having fun

55%

Being with friends

52%

Getting fit and healthy

44%

Getting better at the sports / games I play

42%

Learning new sports / skills

42%

Being outside

36%

Playing to win

35%

Being part of a team

31%

It is good for my wellbeing

27%

Learning skills that help me in life / other school subjects

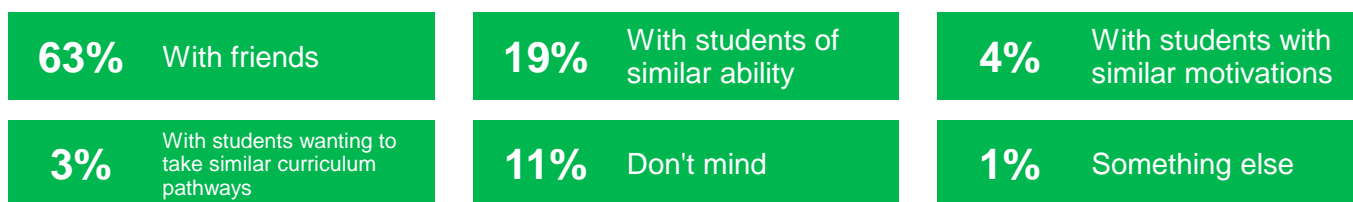


Preferred group for sport, physical activity and PE

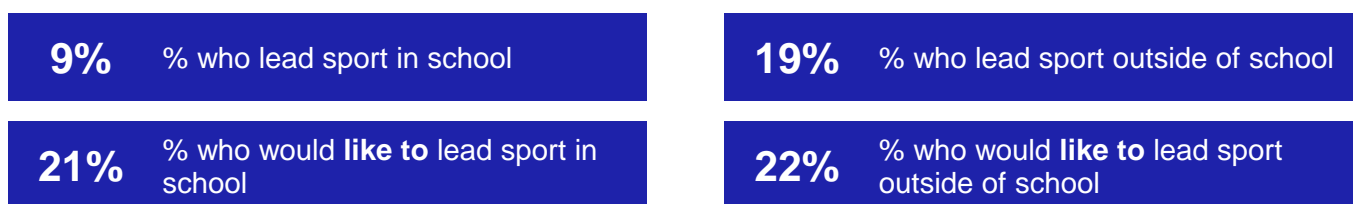
In terms of gender:



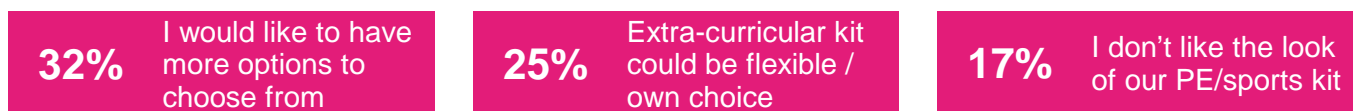
In terms of motivations:



Leading sport and physical activity



Top 3 suggested improvements to PE/sports kit



Boys' report: Introduction

This report summarises responses to the *Girls Active Questionnaire* that boys completed between March and June 2023. Overall, this study received **6378 responses from boys**.

Please note: This report only contains responses from boys. Responses from girls are presented in a separate report.

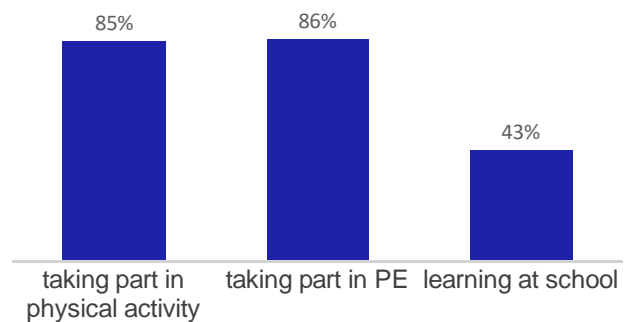
For more information about Girls Active please visit www.youthsporttrust.org/girls-active

How you feel

Boys were asked how they feel about taking part in physical activity, PE, and learning at school, on a scale from *Like it a lot* to *Dislike it a lot*. This chart shows the proportion that said they *Like it a lot* or *Like it*, at a national level.

Boys were most likely to enjoy *taking part in PE* (86%), followed by *taking part in physical activity* (85%) and *learning at school* (43%).

How do you feel about...? (% like it a lot/like it)



Base: All respondents

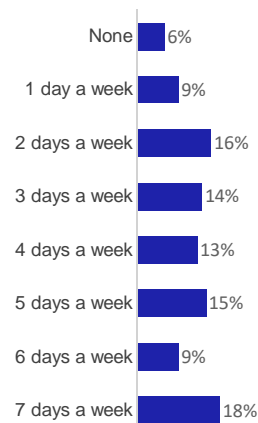
Being active

The following chart (right) shows how many days in the past week boys took part in 60 minutes or more of physical activity.

For this questionnaire, physical activity was defined as 'activity that makes you feel warmer and makes your heartbeat faster'.

On average, boys took part on 3.9 days per week.

Days of physical activity per week

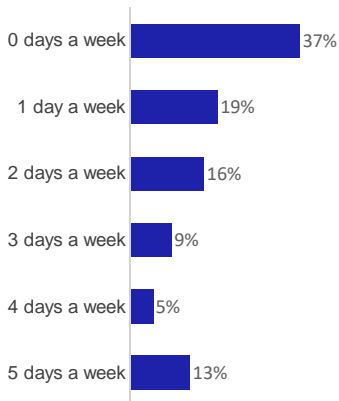


Base: All respondents

Pupils were asked how often they took part in physical activity at school, excluding PE lessons. The chart below (left) shows that boys were most likely to take part in physical activity outside of PE lessons on *0 days a week* (37%). On average, boys took part on 1.6 days per week.

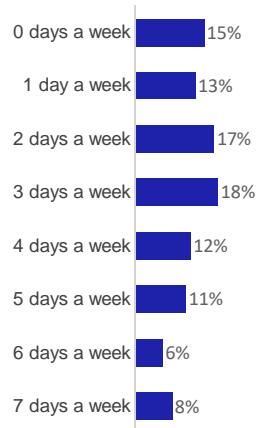
They were also asked how often they took part in sport or physical activity outside of school, and were most likely to do so on *3 days a week* (18%). On average, boys took part on 3.0 days per week.

Days of physical activity at school, excluding PE lessons



Base: All respondents

Days of physical activity outside of school

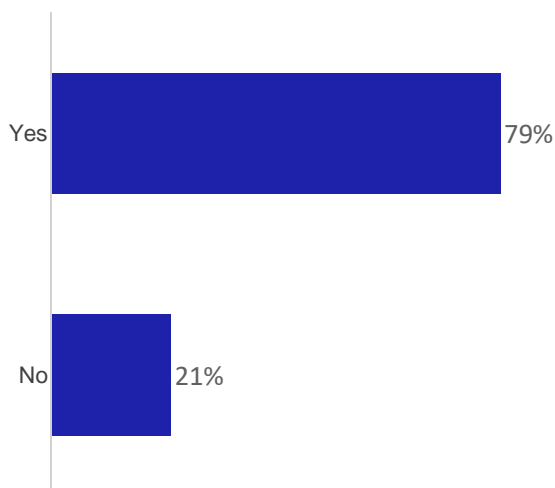


Base: All respondents

The chart below shows that 79% of boys would like to be more active when they are at school.

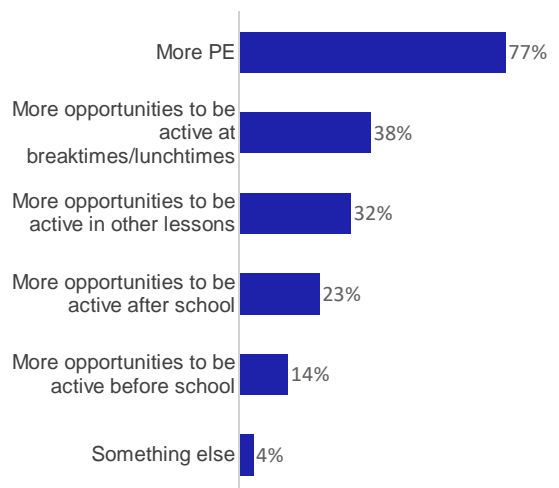
When asked *how* they would like to be more active, they were most likely to say *More PE* (77%) or *More opportunities to be active at breaktimes/lunchtimes* (38%).

Would you like to be more active in school?



Base: All respondents

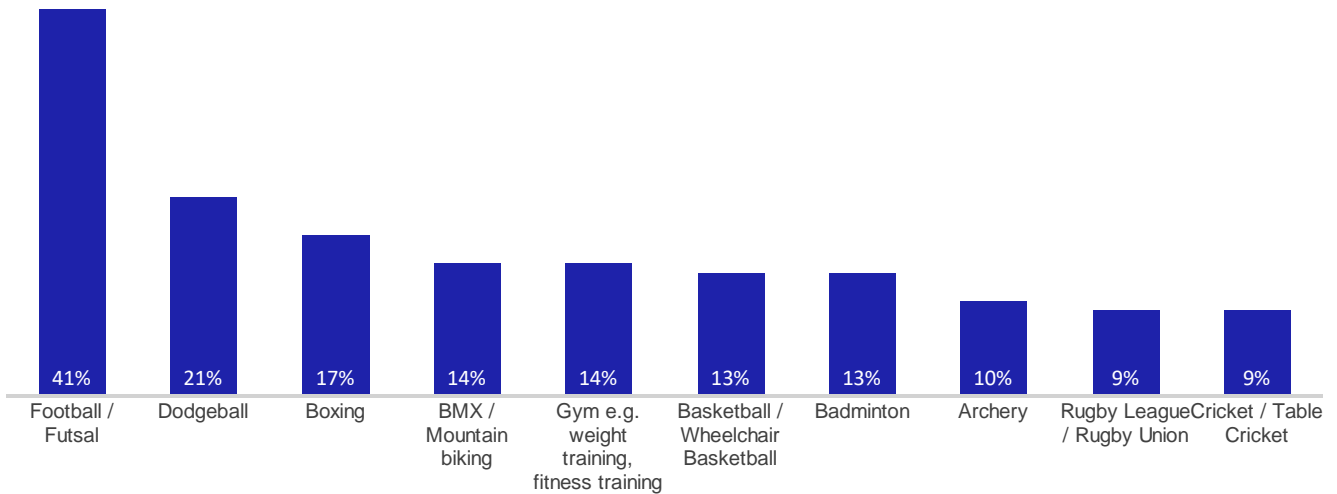
How would you like to be more active in school?



Base: All respondents who would like to be more active in school

This chart shows the activities that boys would most like to do as part of their PE lessons or other sport/physical activity at school. The most popular activities were *Football / Futsal* (41%), *Dodgeball* (21%), and *Boxing* (17%).

From the activities listed, which 3 would you most like to do in PE or other sport at school?

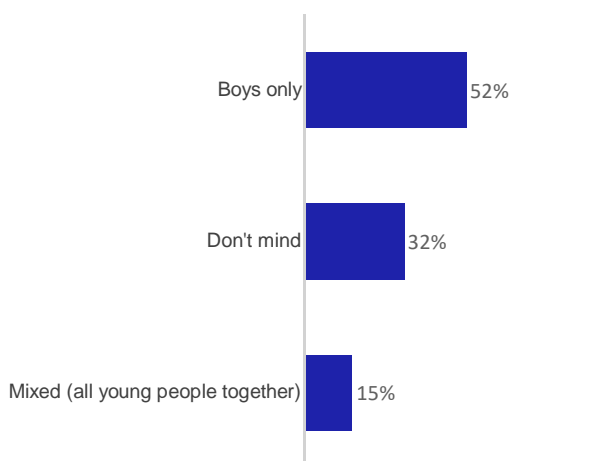


Base: All respondents

Boys were asked two questions relating to groupings in PE, sport and physical activity. Firstly, (below left) in relation to gender, then secondly (below right) in relation to motivations.

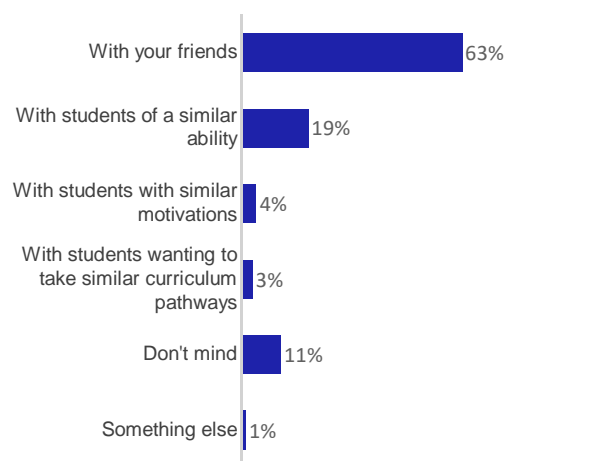
In terms of gender they were most likely to say *Boys only* (52%), while the most common response in terms of motivations was *With your friends* (63%).

How would you like to be grouped for sport and physical activities?



Base: All respondents

How would you MOST like to be grouped for sport and physical activities?



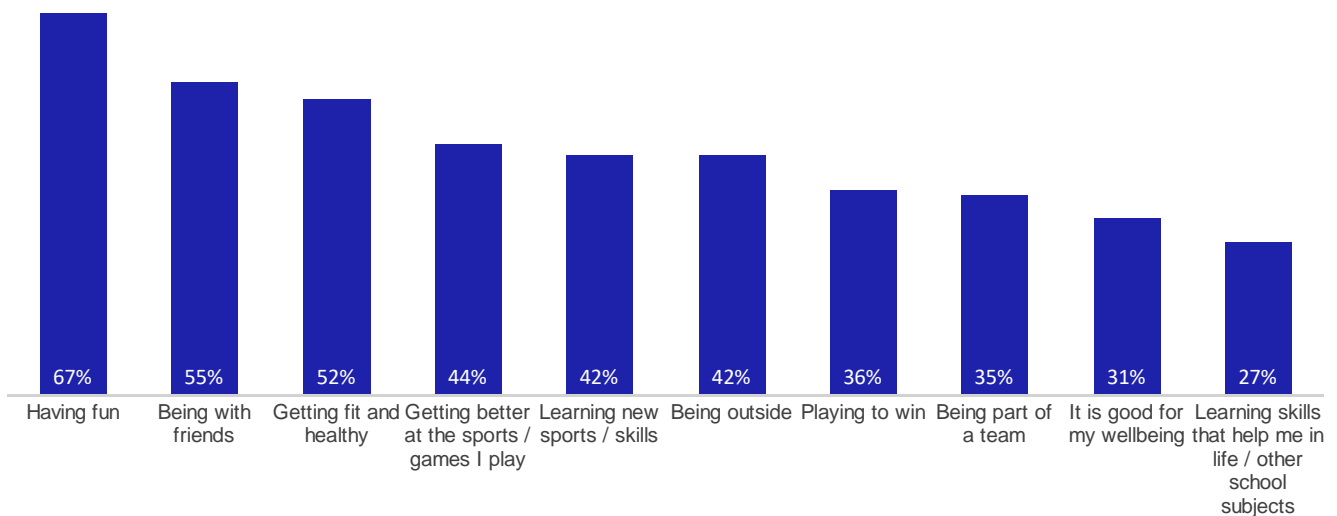
Base: All respondents

Physical activity at school

What motivates you?

The chart below shows the 10 most common factors that boys said motivate them to take part in sport, physical activity and PE at school. They were most likely to say *Having fun* (67%), *Being with friends* (55%), and *Getting fit and healthy* (52%).

Top 10 motivators for taking part in sport, physical activity and PE at school

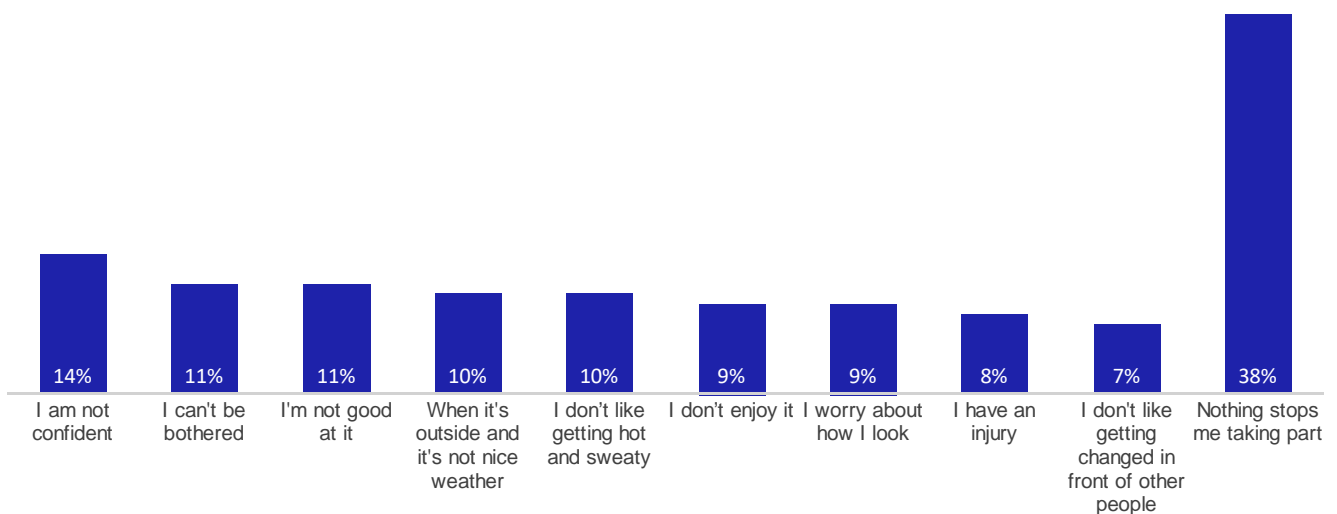


Base: All respondents

What stops you?

The top 3 barriers that stopped boys from being more active were; *I am not confident* (14%), *I can't be bothered* (11%), and *I'm not good at it* (11%). However 38% of boys said that none of these barriers stopped them.

Top 10 barriers to sport, physical activity and PE at school



Base: All respondents

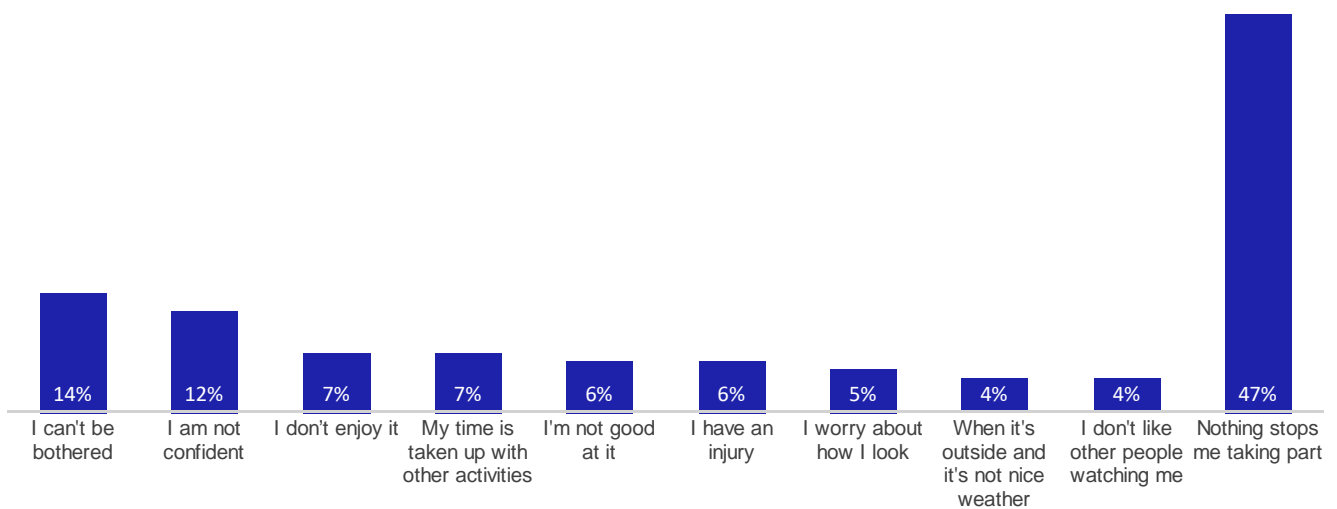
Physical activity outside of school

What stops you?

The chart below shows the 10 most common factors that boys said stop them doing more sport and physical activity outside of school (although 47% of boys said that none of these barriers stopped them from taking part).

The most common barriers to being active were; *I can't be bothered* (14%), *I am not confident* (12%), and *I don't enjoy it* (7%).

Top 10 barriers to sport and physical activity outside of school



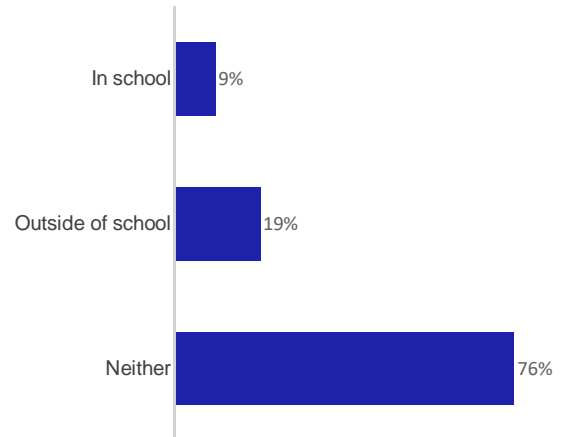
Base: All respondents

Leading sport and physical activity

Boys were asked whether they lead any sport or physical activity - refereeing, coaching, or organising, for example - either inside or outside of school.

9% said that they lead sport in school, while 19% lead outside of school.

Do you lead any sport or physical activity?

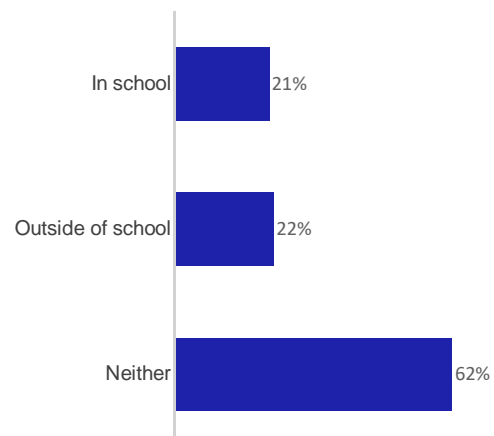


Base: All respondents

They were then asked whether they would *like to* lead sport or physical activity.

21% said that they would like to lead sport or physical activity at school, compared to 22% outside of school.

Would you like to lead any sport and physical activity?

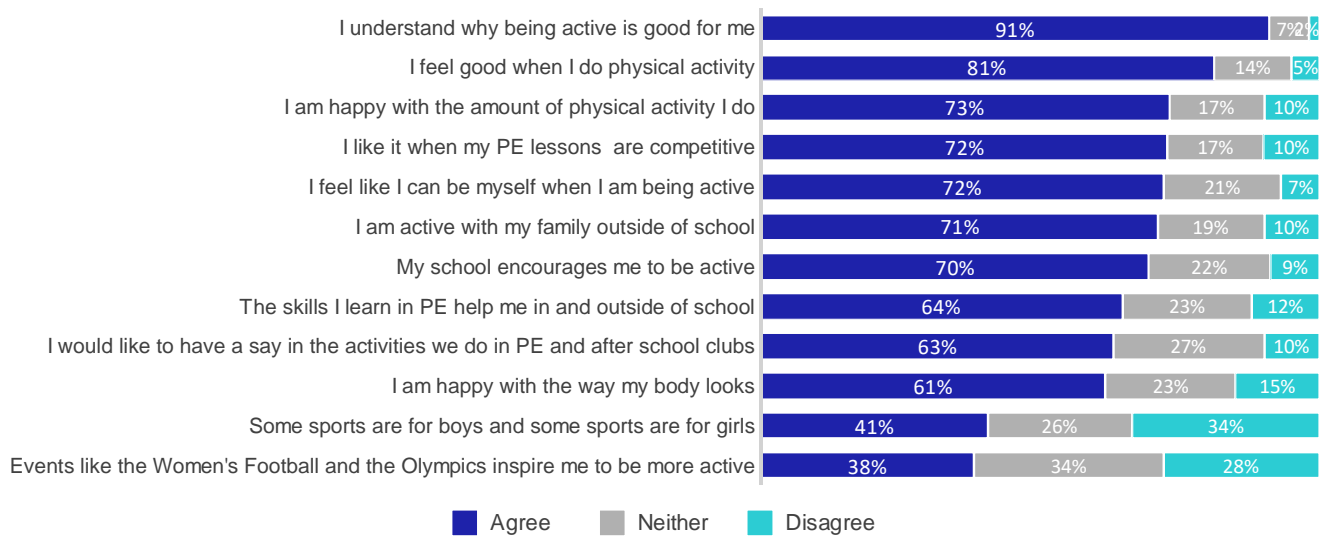


Base: All respondents

More about you

Boys were asked whether they agreed or disagreed with a series of statements about their attitudes to physical activity. The statements they were most likely to strongly agree or agree with were *I understand why being active is good for me* (91%), *I am happy with the amount of physical activity I do* (73%) and *I like it when my PE lessons are competitive* (72%).

National data

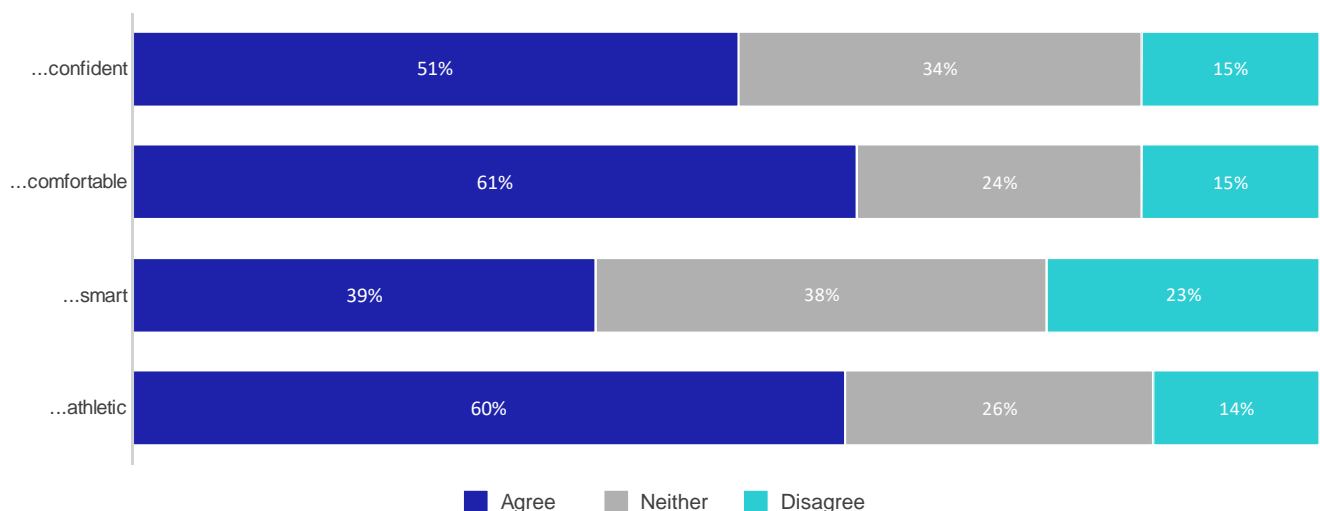


Base: All respondents

PE kit

When asked how their PE/sports kit made them feel, 51% of boys agreed or strongly agreed that it made them feel *Confident*, 61% said they felt *Comfortable*, 39% felt *Smart* and 60% felt *Athletic*.

National data

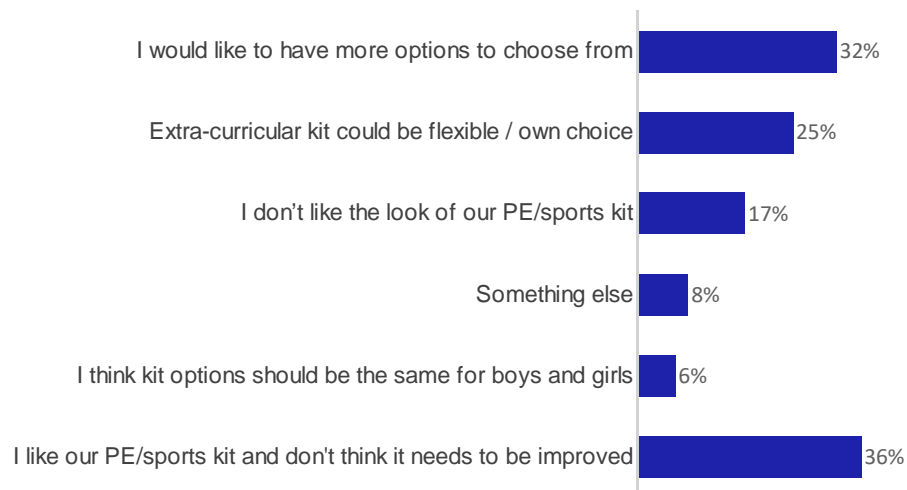


Base: All respondents

When given the opportunity to suggest improvements to their PE kit, boys were most likely to say '*I would like to have more options to choose from*' (32%), '*Extra-curricular kit could be flexible / own choice*' (25%), and '*I don't like the look of our PE/sports kit*' (17%).

36% said that they like the current PE kit or didn't think it needed to be changed.

How could your PE/sports kit be improved?

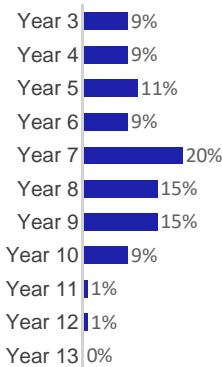


Base: All respondents

Pupil profile

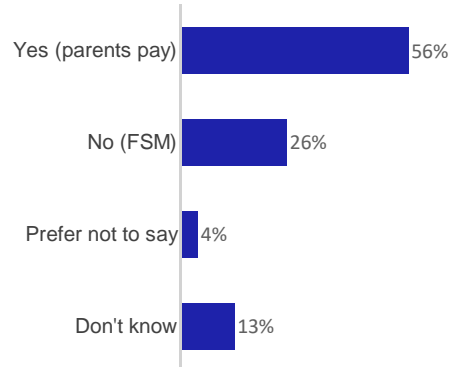
The charts below show the profile of boys who responded to the questionnaire. Boys were most likely to describe their ethnic background as *White (British or English)* (54%). 26% said that they receive free school meals, and 11% said that they have a disability.

Year group



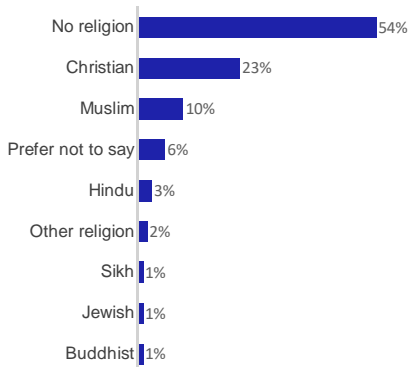
Base: All respondents

Do your parents have to pay if you have school meals?



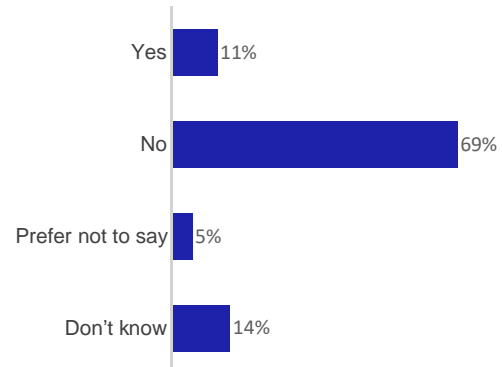
Base: All respondents

Faith or religion



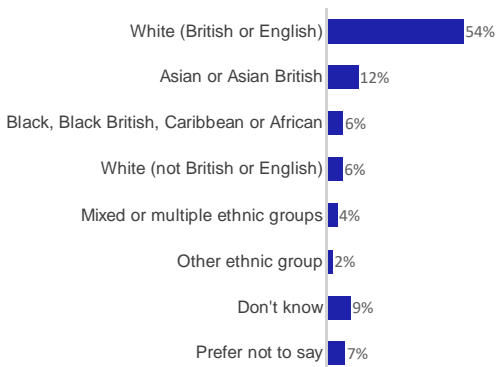
Base: All respondents in Yr 7 & above

Disability or special educational needs



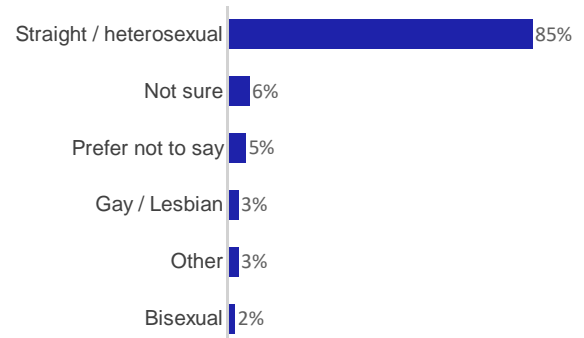
Base: All respondents

Ethnic background



Base: All respondents

Which of the following best describes how you think about yourself?



Base: All respondents

Appendix 1

In the following tables **national data** is broken down by key factors, including 'physical activity level', in which 'more active' is defined as those who take part in physical activity on 5 or more days per week, and 'less active' is those who take part on one day per week or less. Responses from groups of less than 5 have been hidden, to protect the identity of respondents.

These tables only contain responses from boys. Girls's responses are presented in a separately.

For more information about Girls Active please visit www.youthsporttrust.org/girls-active

How do you feel about the following? (% Like it a lot / Like it)

% Like it a lot / Like it	National data	Key Stage				Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active	
taking part in physical activity	85	87	84	83	79	87	85	88	69	92	
taking part in PE	86	90	84	80	80	88	85	88	73	91	
learning at school	43	100	43	39	34	47	40	50	36	45	

Last week, on how many days did you do 60 minutes (1 hour) or more of physical activity that made you feel warmer and make your heart beat faster?

Break % Respondents	National data	Key Stage				Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active	
None	6%	7%	6%	6%	10%	5%	5%	6%	41%	-	
1 day a week	9%	11%	7%	8%	13%	8%	7%	9%	59%	-	
2 days a week	16%	16%	17%	14%	19%	15%	16%	17%	-	-	
3 days a week	14%	12%	16%	17%	13%	15%	15%	15%	-	-	
4 days a week	13%	10%	15%	15%	11%	14%	14%	11%	-	-	
5 days a week	15%	12%	15%	19%	9%	16%	16%	14%	-	35%	
6 days a week	9%	9%	9%	9%	6%	9%	10%	9%	-	22%	
7 days a week	18%	22%	16%	12%	19%	17%	18%	19%	-	43%	

Usually in a week, how often do you take part in any sport or physical activity at school – NOT including PE lessons?

Break % Respondents	National data		Key Stage		Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
Never	37%	*	35%	46%	42%	36%	41%	31%	53%	29%
1 day a week	19%	*	20%	17%	16%	20%	20%	18%	17%	18%
2 days a week	16%	*	17%	12%	14%	16%	15%	15%	15%	14%
3 days a week	9%	*	9%	7%	9%	9%	9%	9%	7%	11%
4 days a week	5%	*	5%	4%	5%	5%	4%	7%	3%	7%
5 days a week	13%	*	13%	14%	13%	14%	11%	20%	5%	22%

Usually in a week, how often do you take part in any sport or physical activity outside school?

Break % Respondents	National data		Key Stage		Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
Never	15%	*	15%	14%	22%	12%	15%	12%	45%	5%
1 day a week	13%	*	13%	11%	13%	12%	12%	13%	25%	6%
2 days a week	17%	*	17%	15%	14%	17%	17%	16%	14%	10%
3 days a week	18%	*	18%	18%	18%	18%	18%	20%	7%	15%
4 days a week	12%	*	12%	13%	10%	13%	13%	12%	2%	15%
5 days a week	11%	*	10%	14%	11%	12%	12%	11%	4%	19%
6 days a week	6%	*	6%	8%	4%	6%	6%	6%	1%	12%
7 days a week	8%	*	9%	7%	8%	9%	8%	9%	3%	17%

Do you lead any sport or physical activity?

Break % Respondents	National data		Key Stage		Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
In school	9%	*	9%	8%	11%	9%	8%	11%	11%	12%
Outside of school	19%	*	19%	16%	23%	18%	17%	21%	13%	24%
Neither	76%	*	75%	78%	70%	77%	78%	73%	79%	70%

Would you like to lead any sport and physical activity?

Break % Respondents	National data		Key Stage		Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
In school	21%	*	23%	15%	23%	21%	17%	29%	15%	25%
Outside of school	22%	*	23%	20%	18%	23%	22%	24%	12%	26%
Neither	62%	*	61%	68%	63%	61%	64%	56%	77%	56%

How would you like to be more active in school?

Break % Respondents	National data	Key Stage			Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
More PE	77%	77%	78%	76%	75%	77%	78%	77%	73%	81%
More opportunities to be active at breaktimes/lunchtimes	38%	39%	37%	38%	33%	38%	37%	41%	30%	40%
More opportunities to be active after school	23%	25%	21%	23%	20%	24%	22%	27%	18%	26%
More opportunities to be active before school	14%	17%	11%	10%	12%	13%	12%	16%	10%	17%
More opportunities to be active in other lessons like English, Maths and Science	32%	30%	34%	31%	28%	33%	35%	30%	23%	38%
Something else	4%	6%	3%	2%	6%	3%	3%	5%	4%	5%

From the activities listed, which three would you like to do the most in PE or other sport and physical activity at school? (10 most popular answers)

Break % Respondents	National data	Key Stage			Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
Football / Futsal	41%	*	42%	38%	29%	44%	40%	46%	25%	48%
Dodgeball	21%	*	23%	16%	16%	22%	22%	18%	23%	18%
Boxing	17%	*	17%	19%	18%	17%	17%	18%	14%	18%
BMX / Mountain biking	14%	*	14%	13%	16%	12%	15%	10%	10%	15%
Gym e.g. weight training, fitness training	14%	*	13%	17%	10%	14%	13%	15%	9%	16%
Basketball / Wheelchair Basketball	13%	*	13%	14%	12%	14%	10%	20%	12%	13%
Badminton	13%	*	12%	14%	11%	14%	12%	15%	15%	10%
Archery	10%	*	11%	7%	9%	10%	10%	8%	15%	8%
Rugby League / Rugby Union	9%	*	9%	10%	12%	9%	11%	6%	7%	9%
Cricket / Table Cricket	9%	*	9%	7%	6%	9%	8%	10%	7%	11%

At school, how would you most like to be grouped for sport, physical activity and PE?

Break % Respondents	National data	Key Stage			Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
Boys only	52%	*	53%	49%	47%	53%	53%	54%	48%	56%
Don't mind	32%	*	32%	33%	30%	33%	32%	32%	33%	31%
Mixed (all young people together)	15%	*	15%	18%	23%	14%	16%	14%	19%	13%

At school, how would you most like to be grouped for sport, physical activity and PE?

Break % Respondents	National data	Key Stage			Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
With your friends	63%	*	63%	63%	67%	61%	65%	57%	70%	57%
With students of a similar - ability	19%	*	19%	19%	14%	21%	18%	22%	13%	22%
With students with similar motivations	4%	*	4%	4%	5%	3%	4%	3%	3%	4%
With students wanting to take similar curriculum pathways (e.g. performance, health and wellbeing or leadership)	3%	*	3%	3%	3%	3%	2%	4%	3%	3%
Don't mind	11%	*	11%	11%	9%	11%	10%	12%	10%	12%
Something else	1%	*	1%	1%	2%	1%	0%	2%	1%	1%

Looking at the list below, what if anything, motivates you to be active at school?

Break % Respondents	National data	Key Stage			Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
Having fun	67%	69%	66%	65%	58%	70%	69%	67%	54%	73%
Being with friends	55%	55%	55%	54%	44%	57%	58%	54%	39%	61%
Getting fit and healthy	52%	55%	51%	46%	44%	55%	53%	53%	37%	60%
Getting better at the sports / games I play	44%	51%	41%	36%	36%	47%	43%	50%	29%	52%
Learning new sports / skills	42%	54%	37%	28%	35%	44%	40%	46%	30%	48%
Being outside	42%	48%	39%	34%	35%	44%	44%	40%	28%	50%
Playing to win	36%	38%	35%	34%	32%	37%	35%	40%	25%	44%
Being part of a team	35%	46%	31%	23%	33%	37%	35%	38%	24%	43%
It is good for my wellbeing	31%	31%	30%	30%	29%	32%	31%	33%	20%	36%
Learning skills that help me in life / other school subjects	27%	35%	24%	18%	23%	29%	26%	30%	19%	34%
Making new friends	24%	35%	19%	13%	25%	24%	23%	25%	19%	29%
Something else	2%	2%	2%	2%	2%	2%	2%	3%	2%	3%
I am not motivated by anything	5%	3%	6%	9%	6%	5%	6%	5%	11%	4%

What, if anything, currently stops you being active / more active at school?

Break % Respondents	National data	Key Stage			Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
Nothing stops me taking part	38%	39%	37%	36%	25%	42%	39%	38%	25%	46%
I am not confident	14%	13%	15%	13%	21%	12%	15%	13%	22%	10%
I can't be bothered	11%	8%	13%	14%	14%	10%	12%	10%	19%	8%
I'm not good at it	11%	10%	11%	12%	14%	9%	11%	10%	16%	7%
When it's outside and it's not nice weather	10%	10%	9%	11%	11%	9%	10%	9%	9%	9%
I don't like getting hot and sweaty	10%	14%	7%	8%	12%	9%	9%	9%	15%	7%
I don't enjoy it	9%	8%	9%	12%	10%	8%	10%	8%	14%	6%
I worry about how I look	9%	8%	9%	9%	10%	7%	9%	8%	11%	7%
I have an injury	8%	10%	8%	5%	11%	8%	8%	9%	7%	9%
I don't like getting changed in front of other people	7%	10%	6%	6%	10%	6%	7%	7%	10%	6%
Other people make fun of me	7%	7%	7%	7%	11%	6%	7%	7%	9%	7%
I don't like other people watching me	7%	8%	6%	5%	9%	6%	7%	6%	11%	5%
I don't like the PE kit	7%	6%	7%	9%	10%	6%	7%	7%	7%	7%
I don't feel I can be myself in PE	7%	7%	6%	7%	11%	5%	6%	7%	10%	5%
I don't like the activities on offer	5%	3%	6%	9%	5%	5%	6%	5%	6%	5%
I don't have time because I already do a lot of physical activity outside of school	5%	4%	4%	6%	6%	5%	5%	5%	3%	6%
I don't know how to get involved	4%	5%	4%	3%	6%	3%	4%	4%	5%	3%
My friends don't want to do it	4%	4%	4%	5%	4%	4%	4%	3%	5%	4%
I can't get home if I stay after school	4%	3%	4%	4%	5%	4%	4%	4%	5%	4%
There isn't enough time to get changed	4%	3%	5%	3%	5%	3%	4%	3%	4%	3%
I don't feel encouraged to take part by the teachers	4%	4%	3%	4%	4%	3%	3%	4%	5%	4%
Something else	3%	3%	4%	4%	4%	3%	3%	4%	4%	3%
I don't feel I can be myself in extra-curricular activities	3%	3%	3%	3%	5%	2%	3%	3%	5%	3%
I don't like how the person delivers the activities	3%	3%	3%	3%	3%	3%	3%	3%	4%	3%
I'm not able to do it because the activities are not suitable for me	2%	3%	2%	3%	4%	2%	2%	2%	4%	2%
I don't feel encouraged to take part by my family	1%	2%	1%	1%	3%	1%	1%	1%	2%	1%

What, if anything, currently stops you being active / more active outside of school?

Break % Respondents	National data	Key Stage			Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
I can't be bothered	14%	*	14%	15%	15%	13%	16%	11%	22%	9%
I am not confident	12%	*	12%	10%	17%	10%	12%	11%	23%	8%
I don't enjoy it	7%	*	7%	6%	12%	6%	7%	6%	13%	4%
My time is taken up with other activities	7%	*	6%	8%	9%	7%	7%	7%	7%	7%
I'm not good at it	6%	*	6%	7%	8%	5%	6%	6%	13%	4%
I have an injury	6%	*	6%	4%	8%	6%	5%	6%	5%	7%
I worry about how I look	5%	*	5%	7%	9%	4%	6%	4%	10%	4%
When it's outside and it's not nice weather	4%	*	4%	5%	5%	4%	4%	5%	7%	3%
I don't like other people watching me	4%	*	4%	5%	8%	3%	4%	4%	10%	3%
Other people make fun of me	4%	*	4%	4%	8%	3%	4%	4%	7%	4%
It costs too much money	4%	*	4%	6%	6%	3%	3%	5%	5%	3%
I don't like getting hot and sweaty	4%	*	4%	4%	7%	3%	4%	4%	7%	2%
Sports clubs/facilities are too far away from where I live	3%	*	3%	4%	7%	3%	3%	5%	5%	3%
I don't feel I can be myself at sports clubs/facilities	3%	*	3%	4%	4%	2%	2%	4%	5%	2%
I don't like getting changed in front of other people	3%	*	3%	4%	6%	2%	3%	3%	7%	2%
My school work is more important to me	3%	*	2%	4%	3%	3%	2%	4%	7%	2%
I don't know how to get involved	3%	*	3%	5%	7%	2%	3%	4%	5%	2%
I don't like the kit	3%	*	3%	3%	6%	2%	3%	3%	5%	3%
My friends don't want to do it	3%	*	2%	4%	5%	2%	3%	3%	6%	2%
I don't like the activities on offer	3%	*	3%	2%	4%	2%	2%	4%	5%	2%
Something else	3%	*	2%	3%	6%	2%	2%	3%	5%	2%
I don't have time because I already do a lot of physical activity	3%	*	3%	2%	5%	2%	2%	3%	3%	4%
My parent(s)/carer(s) worry about my safety	2%	*	2%	3%	5%	2%	2%	4%	5%	2%
I don't feel safe	2%	*	2%	2%	5%	2%	2%	3%	5%	2%
I can't get home if I stay after school	2%	*	2%	1%	4%	2%	2%	2%	3%	2%
I can't get transport to/from activities	2%	*	2%	3%	2%	2%	2%	3%	3%	2%
There isn't enough time to get changed	2%	*	2%	2%	4%	1%	1%	2%	4%	2%
I don't feel encouraged to take part by my family	2%	*	1%	3%	3%	1%	1%	2%	2%	2%
I'm not able to do it because the activities are not suitable for me	1%	*	1%	2%	5%	1%	1%	2%	2%	1%
I don't like how the person delivers the activities	1%	*	1%	2%	2%	1%	1%	1%	3%	1%
Nothing stops me taking part	47%	*	47%	51%	34%	51%	49%	47%	29%	58%

How much do you agree with each of the following sentences? (% Strongly agree / Agree)

% Strongly agree / Agree	National data	Key Stage			Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
I am happy with the way my body looks	61	72	55	54	59	64	59	64	59	66
I am happy with the amount of physical activity I do	73	80	68	69	72	75	72	72	59	83
I would like to have a say in the activities we do in PE and after school clubs	63	66	60	65	64	64	62	65	52	69
The skills I learn in PE help me in and outside of school	64	76	59	49	64	66	63	65	56	68
I like it when my PE lessons are competitive	72	77	70	68	68	74	69	78	60	79
I understand why being active is good for me	91	90	91	92	85	93	93	90	82	93
I feel like I can be myself when I am being active	72	79	68	71	68	75	72	75	59	80
Some sports are for boys and some sports are for girls	41	38	41	49	49	39	40	42	41	41
My school encourages me to be active	70	78	66	56	68	71	71	68	61	72
I am active with my family outside of school	71	79	68	59	70	73	70	72	57	79
I have the same opportunities as boys in school to do the sports and activities I want to	-	-	-	-	-	-	-	-	-	-
Events like the Women's Football and the Olympics inspire me to be more active	38	55	27	25	45	37	36	38	33	44
I feel good when I do physical activity	81	86	78	79	76	84	81	84	64	89

How much do you agree with each of the following? My PE/sports kit makes me feel... (% Strongly agree / Agree)

% Strongly agree / Agree	National data	Key Stage			Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active
...confident	51	67	44	35	56	52	47	54	48	55
...comfortable	61	73	55	47	59	63	58	64	58	64
...smart	39	52	32	27	46	39	35	42	39	42
...athletic	60	73	54	44	59	62	58	61	53	65

How could your PE/sports kit be improved?

Break % Respondents	National data		Key Stage			Disability		Ethnic group		Physical activity level	
	Total	KS2	KS3	KS4	Disabled	Non-disabled	White British	BAME	Less active	More active	
I like our PE/sports kit and don't think it needs to be improved	36%	*	38%	30%	33%	38%	38%	32%	37%	34%	
I would like to have more options to choose from (e.g. leggings, joggers, long-sleeved top and jumper)	32%	*	30%	40%	35%	32%	32%	36%	29%	33%	
I think kit options should be the same for boys and girls	6%	*	6%	7%	11%	5%	6%	6%	7%	6%	
Extra-curricular kit could be flexible / own choice	25%	*	25%	27%	21%	26%	25%	29%	19%	30%	
I don't like the look of our PE/sports kit	17%	*	17%	20%	19%	16%	17%	19%	19%	17%	
Something else	8%	*	8%	7%	8%	8%	7%	9%	10%	8%	